Question1726) - You mentioned that if he cannot fast two months consecutively then he must feed sixty poor. How is this feeding done?

A: He must feed each poor person a half Sa' of wheat, or a Sa' of dates or barley or the price of these. If he feeds them lunch and supper until they are full,* then it suffices for them whether they ate a little or a lot.

* It is not valid if there is amongst them those who were full before the meal, or a small child not close to puberty.

~ al-Quduri ~