Q: 88 – Title: Which sandals should be worn during Umrah and Hajj?
Question
Please advise if the above sandals (pictures attached) can be worn during Umrah and Hajj? http://www.picupload.org/i/0d1b6361b173.jpg http://www.picupload.org/i/06b4b851c920.jpg
Answer
In the Name of Allah, the Most Gracious, the Most Merciful.
As-salamu 'alaykum wa-rahmatullahi wa-barakatuh.
The Prophet (Allah bless him and give him peace) said,
"He (a person in ihram) should not wear a shirt, nor pants, nor a turban, nor a cap, nor a gown. Nor [should he wear] khuffs unless he cannot find shoes, in which case he should cut them below the ka'b." [1]
There is a difference of opinion regarding the connotation of the word ka'b. This has resulted in a difference of opinion in the style of the foot gear one should wear.
The ka'b is everything which protrudes. Specifically, the protruding bone on the ankle and the protruding bone on the upper foot are both referred to as ka'b.[2]

The Maliki, Shafi'i and Hanbali schools are of the opinion that the word ka'b in the above hadith refers to the ankle. Hence, for those who adhere to these three schools, they must leave the ankle exposed.[3]

The Hanafi scholars, in particular Imam Muhammad al-Hassan ash-Shaybaani ruled that the ka'b is the instep on the foot. The reasoning behind this is that as the ankle and instep are both referred to as ka'b; to take the meaning of the instep in this issue will be greater precaution. Ihraam is a garment of humility which is reflected by being dishevelled, untidy and the exposing of the limbs. Precaution here would be to leave more of the foot exposed, as it coincides with the concept of Ihraam. Just as the face and head are left exposed, the feet should also be left exposed as much as possible. In addition, by taking the meaning of the instep, the ankle is also left exposed, so this opinion is encompassing of all opinions.[4]

There is a lot of confusion regarding straps on foot wear which go around the back end of the foot. Hadhrat Mufti Ahmed Khanpuri (Allah preserve him) has issued a ruling in Mahmud al-fatawa that it is not necessary to have the back end of the foot exposed. It will be permissible to wear sandals which have a strap covering the back end of the foot. However, the strap must not cover the area parallel to the ankle at the back of the foot. If the strap partially covers the area parallel to the ankle, then it will be overlooked. The main criteria are that the ankle and the instep remain exposed.[5]

In conclusion, according to the Hanafi school of thought, only those sandals will be allowed to be worn in ihram which leave the instep exposed.

And Allah Ta'ala Knows Best

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