Question 470) - Is there any leeway for anyone not to fast during Ramadan?

A: Yes, someone who is a traveller of Qasr distance; or is sick and fears that the fast will worsen the sickness, then they are allowed not to fast during Ramadan. They must fulfil the missed days thereafter. It.

is however better for the traveller to fast if he will not experience difficulty by it.

~ al-Quduri ~