

Nifaas Stops Before Forty Days

Q: Taharaat-8: A woman gave birth for the first time and her Nifaas stopped before forty days. Can she bath and perform salaah or must she wait for forty days?

Answer: It is not necessary to wait for forty days. The Nifaas will end as soon as the bleeding stops. She should then bath and perform salaah, failing which she will be sinful. It is wrong to believe that a woman must wait for forty days. Forty days is the maximum period of Nifaas and there is no minimum period. Bleeding after forty days will be regarded as Istihaadha.

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