

Proof for Holding the Hands Below the Navel

Q: Salaah-567: The Hanafis fold their hands below their navels in salaah. Which Hadith substantiates this because the Ghayr Muqallideen say that there is no such Hadith.

Answer: A Hadith from Razeen from Hadhrat Abu Juhayfah RADI. states That Hadhrat Ali RADI. said, "The Sunnah practice is to fold the hands beneath the navel in salaah. A narration of Ahmad, Abu Dawood, Daar Qutni and Bayhaqi from Rasulullaah SAW. states that the Sunnah is to place one hand on top of the other below the navel. A similar Hadith conveying the same meaning but with a slight variation in words is quoted in Hidaayah, Bahrur Raa'iq. Kifaayah, Inaayah, Nihaayah and Kaafi. The narration of Bahrur Raa'iq states that amongst the factors that Rasulullaah SAW. stated are amongst the ways of all the Ambiyaa ALY. is to place the right hand over the left hand beneath the navel.

Hadhrat Alqama bin Waa'il bin Hujr RADI. reports from his father that he saw Rasulullaah SAW. place the right hand over the left hand beneath the navel while in salaah. The narration appears in Ibn Abi Shaybah with a reliable chain of narrators.

It is reported in the Aathaar of Imaam Muhammad RAH. that Hadhrat Ibraheem Nakha'ee RAH. also placed right hand over the left hand beneath the navel. And Allaah knows best what is most correct.

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